



Duration: 4 weeks (embedded unit)

Starting Date: Term 3

This unit is to be conducted as research topic for 4 weeks duration. A double lesson is used at the start to discuss the unit and develop a plan. Students complete the project for homework. Progress checks are made every 2 weeks to ensure students are on track.

Task: Select 3 community organisations which identify areas of interest in physical activity or nutrition. Investigate various aspects of each organisation and provide a report.

Possible areas of interest

- Local sporting/activity clubs
- Local health and fitness centres
- Nutrition and healthy eating agencies
- Distributors of physical activity equipment or nutrition products
- Educational institutions eg SASI, Regency TAFE

The research project should include

- The name, address and contact numbers of the organisations.
- A description of what the organisation does and its aims.
- Basic structure of the organisation
- Possible employment opportunities
- Details on how you gathered information eg internet, phone call, visits
- Reflection on why you chose the area of interest.

Length: Approx. 6 pages including diagrams etc

Possible rubric:

	Excellent (10)	Good (6)	Satisfactory (2)	
Organisation of Information	Has excellent organisation of information	Some organisation is present, but information needs to be more clearly described.	Poor organisation of information	/10
Research	Shows evidence of in-depth and wide research. Information contains more than basic information.	Contains only basic information.	Does not show and evidence of research at all.	/10
Presentation	Well presented project with visual variety. (Pictures/diagrams)	Basic presentation	Poor presentation	/10
			Total	/30